

# Doing Good

Spring 2016

In order to do good, we need to do well, or we won't be around to do much good! That's a lesson I learned early in my career, and it's a lesson I like to share with the thousands of dedicated team members working across CHI St. Luke's Health. If we are to fulfill our mission and vision to transform the health of the communities we serve, we need to find new ways to meet the needs of our patients.

*And that's what we are doing.*

We've expanded our reach across Texas to include Deep East Texas, the Brazos Valley and most recently Lake Jackson. We're partnering with community organization such as San Jose Clinic to support their work to increase access to care for the underserved, and our affiliations with Baylor College of Medicine and Texas Heart<sup>®</sup> Institute are helping us become more innovative in the ways we provide care.

St. Luke's Foundation supports our work through philanthropy. By raising funds in support of education, research, and health initiatives, the Foundation helps our physicians and nurses serve as beacons of health and healing. Thank you for standing with us as we go beyond the walls of our hospitals to create stronger, healthier communities.

On a personal note, I'd like to thank you for being a member of our Guiding Stars giving society. I am honored by your generosity.

Warm regards,



Michael H. Covert, FACHE  
President and CEO



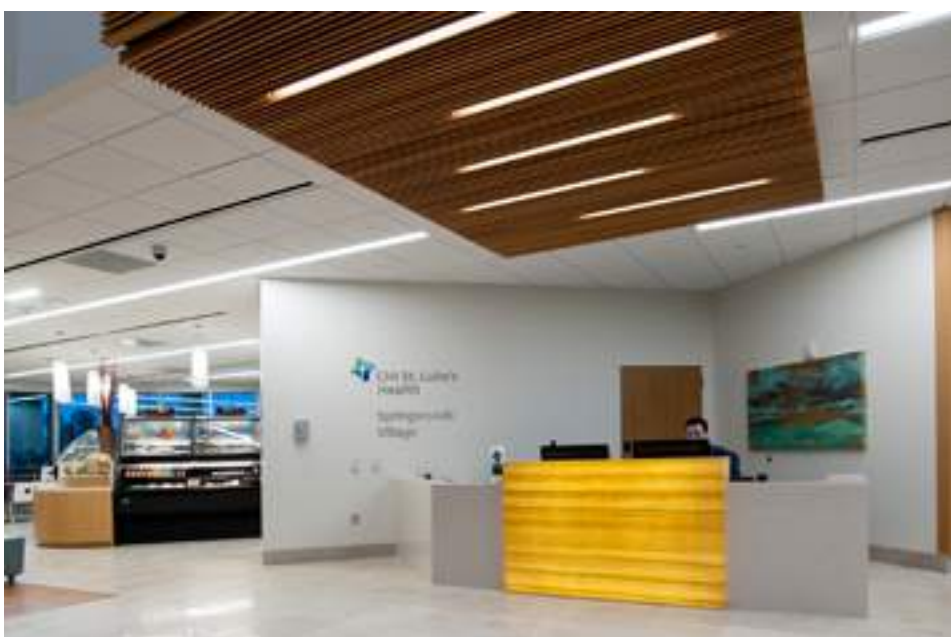


# Springwoods Village Hospital *Grand Opening*

CHI St. Luke's Health–Springwoods Village Hospital offers residents of the community and surrounding areas access to high-quality care, as well as an alliance of some of the nation's top physicians, researchers, and hospitals—close to home. The \$120 million medical campus includes a 55,000-square-foot ambulatory medical center and a 100,000-square-foot medical office building with space for more than 30 physicians. The facility provides access to health and wellness services, such as Diagnostic Imaging, Primary and Specialty Care, Personalized Medicine, and Performance Medicine.



Springwoods Village is a master-planned, mixed-use community situated just south of The Woodlands and 20 miles north of downtown Houston. The community is a new model of sustainability and greener living for the Houston region, preserving its natural ecosystems, building energy-smart new homes, and reducing dependence on motor vehicle transportation by providing a walkable mix of retail, dining, offices, and public amenities.





# New Collaborative Training

Connects Data to Improved Care

**E**lizabeth Dozier, RN, already sees how the new Health Informatics class she is taking will help her translate the mountain of medical data now available through electronic health records into improved healthcare for patients at Baylor St. Luke's Medical Center.

"When the bedside nurse is provided with relevant data and understands its significance, front-line staff engagement will increase and improve safety, quality, patient outcomes, and satisfaction," Dozier said. She is among 30 doctors, nurses, and other CHI St. Luke's Health staff filling a new class this semester for a Health Informatics Certification program at The University of Texas Health Science Center at Houston. The training will allow these employees to more effectively analyze and use data from electronic health records to improve efficiency and patient health outcomes. Students in the class include an ER physician, pharmacist, MRI department manager, and transplant services coordinator.

Across the departments, this program offers an opportunity to broaden each participant's knowledge and improve his or her ability to provide effective care.

The Cullen Trust for Health Care and the MD Anderson Foundation funded the certification program, providing tuition and books for CHI St. Luke's Health staff. In collaboration with UTHealth's School of Biomedical Informatics, the certification program offers participants classroom instruction and student projects.

**"I appreciate the generous support that makes it possible for healthcare providers like me to learn new ways to provide the best possible care for our patients," Dozier said.**

Amy Franklin, PhD, assistant professor at UTHealth School of Biomedical Informatics, is teaching the inaugural class and believes informatics can be transformative when it comes to care. Quoting longtime informatics proponent Kevin Fickenscher, MD, she conveyed a message that lies at the core of this joint program.

**"Clinicians heal people," she told her class. "Informatics heals healthcare."**



CHI St. Luke's Health doctors, nurses, and other staff working with medical data and records fill a classroom of a new Health Informatics Certification program to improve patient care by efficiently analyzing case information. The program is funded by The Cullen Trust for Health Care and the MD Anderson Foundation

# Art of Hope

*Seeing “halos” of light and experiencing horrible headaches did not prepare Peter Lewand for the doctor’s news that he was suffering from a malignant brain tumor. So began Peter’s journey more than five years ago, with his wife, Elizabeth, by his side.*



Peter Lewand (right) and his wife Elizabeth Lewand

**“As long as we’re together; that’s what matters,” Peter said.**

Recently, Peter and Elizabeth Lewand sat in a large waiting room as sunshine streamed through multiple windows at Baylor St. Luke’s Medical Center’s McNair Campus. Peter had just completed a follow-up appointment with his neurosurgeon, Edward Duckworth, MD, and received an excellent progress report.

Peter and Elizabeth are enjoying a downsized lifestyle, having recently sold their Sugar Land home and moved to a cozy, comfy apartment nearby. Because they want to share the joy of giving while Peter is now well and recuperating, they have given family heirlooms to younger relatives and to their favorite charities and individuals.

They also want to share their courage and optimism with other patients at Baylor St. Luke’s. Avid photographers, they took their passion for photographing peaceful and beautiful landscapes and expanded it into the creation of large canvases they gifted to the St. Luke’s Foundation. The pieces will eventually reside at the hospital’s new McNair Campus.

“We want the artwork to have a calming effect so I am going through many of our photos and choosing those that may transport the viewer, even momentarily, to a peaceful, healing place,” Elizabeth said.

Peter said the donation is a gift from their hearts. **“It’s all about the sharing. We wanted to give back because the hospital and medical staff did such a great job medically for me.”**



Artwork donated by Peter and his wife to Baylor St. Luke’s Medical Center.

# Supporting the *Frontline*

## Friends of Nursing Helps Educate Caregivers

Mario Treviño worked 12-hour shifts at Baylor St. Luke's Medical Center on the weekends, but it was worth it to be able to attend college and achieve his goal of becoming a registered nurse. Treviño recounted his success story as he thanked Friends of Nursing, a volunteer organization assisting nurses with scholarships, fellowships and research funds.

As a scholarship recipient, Treviño recently attended a Friends of Nursing event to share his personal journey in his career.

**“I was only able to afford to attend college while supporting my family through the help of Friends of Nursing,” said Treviño.**

Treviño shared his story at a Friends of Nursing Membership Coffee at the home of Friends of Nursing chair Tracy Levit Lerner.

His success story began when Treviño, then only 19 years old, was hired to work in the hospital's Environmental Services. He was promoted in 2007 to the Patient Placement Program and became a patient transfer coordinator. Interacting with patients ignited a desire to do more for them by furthering his education and becoming a nurse.

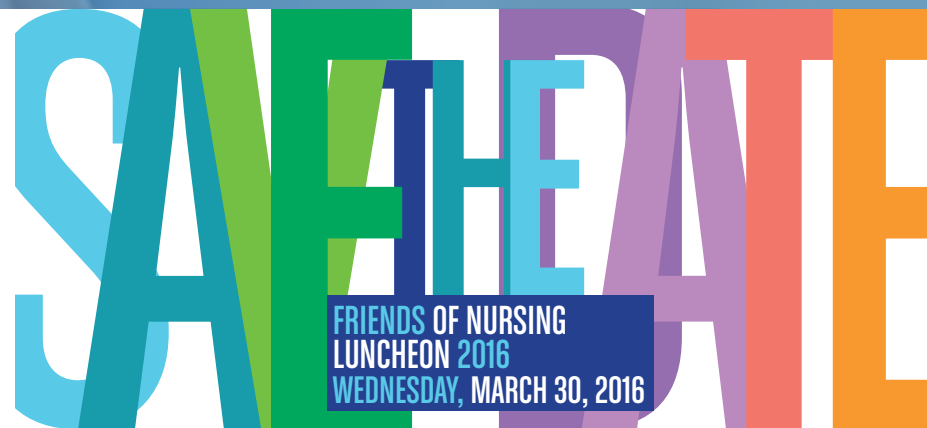


Friends of Nursing supporters Grace Kim, and Leisa Holland-Nelson are thanked by scholarship recipient, and nurse graduate Mario Treviño.

Thanks to the support of Friends of Nursing, he is now a nurse working in 7 Tower on the hepatology unit.

Guests at the Friends of Nursing gathering also learned about new technologies available for diagnosing breast cancer. Keynote speaker, Emily Sedgwick, MD, associate professor of radiology in Breast Imaging at Baylor College of Medicine, shared information with members on the new 3D technology available at Baylor St. Luke's. 3D mammography can help with early detection of breast cancer and can reduce false positive results thanks to more accurate images.

For more information, visit [SupportStLukes.org/friendsofnursing](http://SupportStLukes.org/friendsofnursing).



The 2016 Friends of Nursing Luncheon and Fashion Show featuring the latest styles from Neiman Marcus is set for March 30 at the River Oaks Country Club. This year's luncheon co-chairs are Millette Sherman, Elizabeth Vail, and Kiki Wilson. Funds raised at the annual event provide outstanding individuals at Baylor St. Luke's Medical Center with the opportunity to further their nursing careers and to continue strengthening a nursing program that is already among the top in the nation.



Friends of Nursing is open to all those interested in generating community support for nursing practice, education, and research activities. There are various levels of membership with a lifetime membership at \$1,000 or annual memberships of \$150 to be a sponsor; \$100 to be a patron, and \$50 to be a friend.

If you would like to learn more about being a member, please call Carolyn Hays at 832.355.5855 or email her at [chays@stlukeshealth.org](mailto:chays@stlukeshealth.org).

# Baylor St. Luke's

## Unveils Design for First-of-Its-Kind Medical Campus

Convergence of Translational Research, World-Renowned Cardiovascular Care, and Leading-Edge Treatments Enhance Healthcare Delivery



CHI St. Luke's Health–Baylor St. Luke's Medical Center (Baylor St. Luke's) has unveiled the design for its \$1.1 billion medical campus featuring one of the country's top medical schools, a world-renowned cardiovascular research institute, and a nationally recognized hospital that cares for the most complex cases.

The 27.5-acre McNair Campus will become home to the collaboration between Baylor College of Medicine and Catholic Health Initiatives, and will also be the future site of the Texas Heart® Institute (THI). The campus will feature a \$916.8 million, 650-bed hospital built across two bed towers, a medical office building and ambulatory care complex, and new facilities for

basic science and translational research. Expected completion of hospital construction is early 2019. All clinical services currently provided at the Texas Medical Center location of Baylor St. Luke's will be moved to the new campus at 7200 Cambridge.

**“Physicians and scientists will work together on one integrated campus that creates a state-of-the-art infrastructure for advanced patient care, basic and translational science, and education. This establishes a unique and best-in-class environment unlike any other institution in the Texas Medical Center,” said Wayne Keathley, President, Baylor St. Luke's.**

## New Standard of Academic & Medical Excellence

Guiding principles of this project include exceeding current healthcare industry standards, from scientific research and education to implementing innovative treatment and care.

**“The relationship among Baylor College Medicine, Baylor St. Luke's, and Texas Heart® Institute represents an important collaboration in academic medicine with the opportunity of accelerating translational research to patient care,” said Paul Klotman, MD, President, CEO, and Executive Dean of Baylor College of Medicine.**

The Tower One environment at the McNair Campus is designed around the human experience—modeled on evidence-based practices for the safety of patients, visitors, staff, and physicians. The hospital's operating room suites are influenced by Six Sigma and Lean principles, which follow a linear, logical, and efficient design. The patient can be moved directly from the waiting area to surgery and to a post-operative care unit to recover with their family members. The proximity of the pre- and post-operative care unit will allow surgeons and nurses to more effectively attend to all their patients.

In addition to the partnership between Baylor College of Medicine and Baylor St. Luke's, Texas Heart® Institute will also

relocate to the McNair Campus to a dedicated heart hospital within the new facility.

“Texas Heart® Institute and Baylor St. Luke's have shared a unique relationship for more than 50 years that now will continue into the next era of medicine,” said Denton A. Cooley, MD, THI Founder and President Emeritus.

**“With the move of Texas Heart® Institute to the McNair Campus, we will continue our legacy of transforming the delivery of cardiovascular care through the creation of new technologies, medical devices, research, and education.”**

James Willerson, MD, THI President, Director of Cardiology Research, and Co-Director of the Cullen Cardiovascular Research Laboratories, added, “This campus will be a place where THI physicians and scientists can work directly with Baylor College of Medicine physicians and scientists to ultimately eliminate heart and vascular disease as major threats to human life and well-being in our country and abroad. It also provides the Texas Medical Center, the largest medical center in the world, with a heart hospital dedicated to that goal.”

## Tower One: Existing Facility

- Earlier this year, a new state-of-the-art endoscopy suite and outpatient radiology services opened in the current McNair facility. The endoscopy suite features procedure rooms, which accommodate routine ambulatory procedures as well as endoscopy and bronchoscopy.
- An ambulatory surgical suite (for procedures such as orthopedics, plastics, urology, and ENT) will be commissioned in March 2016.
- The first stage of surgical specialty inpatient beds will be completed by September 2016.



## Tower Two: New Construction

- In mid-January, construction crews began relocation of utilities, and foundation preparation for the building of Tower Two, a 420-patient bed tower.
- Excavation for the 26-foot deep foundation for Tower Two began February 2016.
- Completion of the 650-bed replacement hospital, including Tower Two and a medical office building is slated for completion in early 2019.
- Situated on the border of the Texas Medical Center the location of the McNair Campus is anticipated to become a significant corridor for future healthcare services. The Campus provides easy access from locations inside and outside the TMC as well as convenient, accessible parking for patients, visitors, and staff.

## Donor *Spotlight*

Whether providing physicians and researchers with state-of-the-art equipment and resources or providing a patient in need with affordable access to services, our Guiding Stars help lead the way in transforming healthcare in our communities. These valued donors enjoy exclusive opportunities to learn more about CHI St. Luke's Health and the pioneering treatments that are part of our vision and mission. Recently Guiding Stars Giving Society members and guests were able to tour the new McNair Campus after a recent donor event at the facility. More than 50 guests learned more about CHI St. Luke's Health's long legacy of transplant innovations and where the future of transplant medicine is headed.



# CHI St. Luke's Health and The Larkin Group Enter Joint Venture

Michael Covert, Chief Executive Officer for CHI St. Luke's Health, and Kelly Larkin, MD, Chief Executive Officer of The Larkin Group, announced a joint venture agreement to include five Houston-area PhysiciansER locations.

"This is another step forward in our continuing efforts to transform healthcare delivery by providing expanded access and convenience for patients throughout the region," Covert said.

"Combining the Houston-area PhysiciansER locations with our existing CHI St. Luke's Health emergency centers will offer patients in the Greater Houston area an unprecedented level of convenience to exceptional, patient-centered emergency care."

PhysiciansER locations are 24/7 emergency facilities with highly skilled staff that include board-certified ER physicians, licensed nurses, and technicians as well as

state-of-the-art laboratories, diagnostic imaging services and licensed pharmacies. As part of the CHI St. Luke's Health family, these PhysiciansER locations will offer patients streamlined admissions to full hospital care, if needed.

**"This is an exciting advancement for us and our patients," said Dr. Larkin. "Freestanding ERs are convenient and easier to access than most hospital-based ERs, and the short wait times can make the difference for a more positive outcome. When a hospital admission is necessary, our relationship with CHI St. Luke's will make that transition much easier for the patient and family members."**

Each of the five locations will be rebranded "CHI St. Luke's Health-Baylor St. Luke's Emergency Center," making a total of eight locations under that name in the Greater Houston area. A complete list of locations can be found at **CHler.org**. This alliance adds convenient locations to CHI St. Luke's Health's growing footprint, with six hospital-based emergency

departments and now eight freestanding emergency centers. CHI St. Luke's Health provides substantial credibility in emergency care with a brand built on a 60-year history of providing quality healthcare for patients in Greater Houston.

## Volunteer Patient Companions Help Engage and Protect Patients

Patients often need help battling boredom and fatigue after days of medical treatments. That is where Baylor St. Luke's Medical Center's volunteer "patient companions" come into play—literally.

First asking patients' permission to visit, the companions come equipped with board games and other entertainment. Or if the patient prefers, the companions bring latches and buttons that stroke patients can use to work on agility. Other times, the patient companions just engage in activities.

Volunteer Service's Director Fran Parent said she and her team developed the patient companion program training. Patient companions, in addition to keeping patients mentally stimulated, also help patients in and out of bed. Such assistance reduces slips, trips and falls in hospital rooms, a major nursing goal.

"The patients enjoy the company and the volunteers like to help patients," Parent said. "Some of our patients may not have family to help them."

Michelle Kefer is one of the first patient companions. She had a family member who was a patient at Baylor St. Luke's and was grateful for the compassionate care. So Kefer is now a volunteer who visits patients on her off time.



Baylor St. Luke's Medical Center physical therapist Colleen Doherty instructs volunteer patient companions Jesse Chan (lying in bed posing as patient) and Michelle Kefer on how to safely move a patient out of bed and prepare for a walk.

"I have told my life story countless times," Kefer said. "But that is what patients sometimes need—people willing to take the time to get to know them and to share with each other." Recently, Kefer assisted Parent in

training a new group of volunteers—many of whom are young college students interested in careers in medicine or social work.

The new volunteer patient companion project at Baylor St. Luke's Medical Center is backed by nursing research. Director of Nursing Research Claudia Smith, PhD, RN, who is studying delirium prevention in patients, is excited about the companion project.

Smith said research shows such stimulation prevents delirium, a state of mental confusion often associated with major illness, surgery and certain medications. A large percentage of patients on ventilators, regardless of age, suffer from delirium.

"This program is an important component to show how academic research is transferring to direct patient care," Smith said.



# Now Delivering Happy Birth Days



## CHI St. Luke's Health Announces the Arrival of its New Family Birthing Center in Sugar Land

**CHI St. Luke's Health–Sugar Land Hospital announced the expansion of its Women's Services Program with the opening of the Family Birthing Center. Led by a team of experienced healthcare professionals, the Center is designed to meet the individual needs of parents and their babies through personalized care that includes specialized birthing and postpartum services.**

"This is a special time in a mother's life," said Wes Garrison, Vice President of Patient Care Services, Sugar Land Hospital. "This high quality of service will not be surpassed in Fort Bend County. We want it to be a memorable experience. That's why we treat every pregnancy as a **VIP—Very Important Pregnancy.**"

### There's No Place like Home

The newly remodeled unit offers spacious labor, delivery, and postpartum suites intended to foster a home-like atmosphere. Private rooms include a 42-inch television, free Wi-Fi access, and a pull-out double bed for guests. From luxury linens to a chef-prepared celebratory meal, every detail is designed with the mother's comfort and serenity in mind. With personalized attention and concierge services, Sugar Land Hospital's new Family Birthing Center offers moms a warm, comfortable environment to bring their babies into the world.

### New Arrival: Baby Planning

In preparation for delivery, Sugar Land Hospital offers its patients guidance through pre-registration to expedite the admissions process and delivery of care. Expectant mothers can plan their healthcare services in advance, process all required documentation, and know what to expect upon delivery.

Beginning at 24 weeks of a woman's pregnancy, nurse navigators are available to help her feel comfortable and confident leading up to the delivery date. The nurse navigator, who will be with the mother from the time she registers to the day she brings her baby home, also can assist with childbirth education, lactation consultation, and more.

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**"We believe in focusing on the patient with care that exceeds the norm," said Rob Heifner, President, Sugar Land Hospital. "Our birthing center provides a safe, comfortable, family-centered maternity care environment to welcome the newest members of our community. We are pleased to be able to offer this service to our patients and their families."**

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(Left to Right) Jorgé Morfin; Maria Morfin holding newborn Angel Marie Morfin; Dr. Brooke Jemelka, Caritas Women Care, St. Luke's Medical Group Sugar Land; Wes Garrison, Vice President of Patient Care Services, CHI St. Luke's Health–Sugar Land Hospital.

### Baby on Board: Labor & Delivery

Board-certified OB/GYNs and neonatologists, obstetrical nurses, neonatal nurses, and a specially trained support team are dedicated to caring for each mother and newborn.

Sugar Land Hospital is the country's first hospital to use Novii™ Wireless Patch System, a Bluetooth peel-and-stick electric patch placed on the mother's belly to monitor the baby's heart rate and uterine activity. This cable-free device allows the mother to move around freely instead of being confined to a bed.

### Extra TLC: Neonatal Intensive Care

Sugar Land Hospital also provides a 24/7 Level II neonatal intensive care service provided by Texas Children's Hospital® and Baylor College of Medicine. The Special Care Nursery is managed by a Baylor-affiliated neonatologist and staffed by experienced neonatal nurses. Infants can be transferred to Texas Children's Hospital in the Texas Medical Center if a higher level of care is required.





## *Olympic Hopefuls* Choose CHI St. Luke's Health– The Woodlands Hospital

**The *Performance Medicine Department* at CHI St. Luke's Health–The Woodlands Hospital trained three Olympic hopefuls in preparation for the Olympic trials held in Los Angeles last month. The department's Lead physical therapist, Andrew Arthur, PT, is training athletes Samantha McClellan, Jarrett Leblanc, and Chris Bilbrew and has worked with an array of athletes from high school to professional tier.**

"It's one of the things I'm passionate about, and they are highly motivated and determined athletes with a passion for what they do," Arthur said. "Overall, it's one of the fun things that I get to do to help athletes like them try to achieve their goals and their highest potential."

McClellan, Leblanc, and Bilbrew all began running at a young age, and chose CHI St. Luke's Performance Medicine to help them train on their road to the Olympics. In February, McClellan and Leblanc competed in the U.S. Marathon Olympic Team Trials. McClellan was one of 276 women competing for one of three available slots for female runners.

Training already-accomplished athletes is something their trainer, Andrew Arthur, is accustomed to, and while it may come as a surprise to some, Arthur said even at the elite level there is room for improvement. "Surprisingly enough, even at the elite level athletes have a lot of asymmetries, muscle imbalances and restrictions that keep them from performing at their highest potential," Arthur said. "I try to look for some of those things that I know are going to help their performance and reduce their risk of injury."

"I think that's one of the most exciting things for us. It really fit together with building healthier communities," David Argueta, President of CHI St. Luke's Health–The Woodlands, Lakeside and Springwoods Village Hospitals said. "Our role is to help this community to continue to stay healthy and stay well. When we have athletes like these taking care of their bodies and eating right, they really are an embodiment of who we aspire to be for our community as beacons of health making sure that we can do everything to educate for a healthier community and also being there when people need us."



The Woodlands Performance Medicine facility welcomed Olympic hopefuls to CHI St. Luke's Health–The Woodlands Hospital. (Left to Right) Rashard Johnson, Vice President, Operations; President David Argueta; Jarrett LeBlanc; Chris Bilbrew; Samantha McClellan; Andrew Arthur; and aspiring athlete Reed Kotalik (Center).

# Project ECHO

Project ECHO staff recently met with Texas State Sen. Juan Jesus Hinojosa in McAllen to network on statewide partnerships to treat patients in rural and outlying urban areas. Project ECHO is a telementoring program connecting Baylor St. Luke's Medical Center specialists with primary care doctors, physician

assistants and nurses to improve access to healthcare for chronic conditions of liver, heart and other specialties. Left to right, Saira Khaderi, MD, Project Echo associate director; Norman Sussman, MD, Project ECHO director; Sen. Hinojosa, who helped to legislatively create the University of Texas Health Science Center-South Texas; ECHO coordinator Lizette Escamilla; Rachel Goldsmith, director of Transplant Services; and Tamir Miloh, MD, Texas Children's Hospital director of pediatric hepatology and liver transplant medicine. **To support Project ECHO, visit [SupportStLukes.org/echo](http://SupportStLukes.org/echo).**



## Golfing With A Mission



Krista and Ronnie Smith, parents of a CHI St. Luke's Health patient known as the "bionic bride," will be serving as co-chairs for the 2016 Heart Golf Classic. The event benefits the Heart Exchange Support Group, a network of transplant patients and

their families who offer significant emotional support for patients awaiting a heart transplant.

Also serving as co-chair for the November 7 event at Golf Club of Houston is W. Keith Neeley, Vice President of Support Services at CHI St. Luke's Health-Baylor St. Luke's Medical Center.

In 2007, the Smith's daughter Ally Smith-Babineaux was diagnosed with a progressive heart disease - viral cardiomyopathy. The now 28-year-old went through several surgeries before the ground-breaking Heart Mate II pump was implanted in 2009. That device kept her alive until a heart became available for transplant. She defied expectations to marry her college sweetheart Mike Babineaux in 2010 and in 2011 she received her heart.

Ally and her parents recently attended a St. Luke's Foundation medical panel discussion on "Innovations in Transplant Medicine" that included her own cardiologist, Roberta Bogaev, MD, Director of the Advanced Heart Failure Outreach Program, Baylor College of Medicine and THI; Steve Singh, MD, Surgical Director, Lung and Heart-Lung Transplantation, Baylor St. Luke's Medical Center, and Assistant Professor, Division of Cardiothoracic Transplant and Assist Devices, Division of Cardiothoracic Surgery, Baylor College of Medicine and THI; and Jeffrey Morgan, MD, Chief, Division of Cardiothoracic Transplant and Assist Devices and Chief, Center for Circulatory Support, Baylor College of Medicine and Director of Surgical Cardiovascular Research, THI.



For more information visit **[SupportStLukes.org/heartgolfclassic](http://SupportStLukes.org/heartgolfclassic)**.



## Supporting United Way

Sister Susan Evelyn, Senior Vice President of Mission at CHI St. Luke's Health, helped raise thousands of dollars for United Way during a recent executive auction assisted by auctioneer Patrick Kelley. Sister Susan is honorary chair for CHI St. Luke's Health's ongoing campaign to help the community, while His Eminence Daniel Cardinal DiNardo is a trustee on the United Way board. Sister Susan agreed to cook delicious Italian meals for two dinner parties to be auctioned. Bidders also donated to have several doctors and nurses in management perform various chores. A group of emergency room nurses pooled funds together so their leader, Christine Corrao, Director of Patient Care, could spend the day in their break room being pampered by her team.

## Leave a Legacy for the Future with Planned Giving

Interested in helping CHI St. Luke's Health with our mission, but feel overwhelmed by the thought of writing another check or giving up your assets today? A simple, flexible, and versatile way to ensure we can continue our work for years to come is a gift in your will or living trust, known as a charitable bequest. By including a bequest to CHI St. Luke's Health in your will or living trust, you are ensuring compassionate care and healthy communities. Your gift also entitles your estate to an unlimited federal estate tax charitable deduction.

Or if you prefer, you can name CHI St. Luke's Health as a beneficiary to receive assets such as retirement plans and life insurance policies after you're gone. You simply fill out a form that is entirely separate from your will—which makes this approach an easy way to give. Not only is it an easy way to give, but it's also flexible—you aren't locked into the choices you make today. You can review and adjust beneficiary designations anytime you want. For more information, visit **[CHISTLukeshealth.planmygift.org](http://CHISTLukeshealth.planmygift.org)**

# Mark Your *Calendar*

## March 30

*Friends of Nursing Luncheon & Fashion Show*  
River Oaks Country Club

## November 7

*2016 Heart Golf Classic*  
Golf Club of Houston

## Ways To Give

Philanthropy is a vital part of the healing process, providing grateful patients with a way to give back to an institution that for decades has provided compassionate care for millions of patients. St. Luke's Foundation offers many opportunities to touch the lives of patients and their families — from becoming a supporter or a volunteer to joining one of our membership groups. If you would like to make a gift or learn more about St. Luke's Foundation, please call **832.355.6822** or visit **SupportStLukes.org**

## Contact Us

St. Luke's Foundation  
1213 Hermann Drive, Suite 855  
Houston, Texas 77004  
**832.355.6822**

If you would prefer not to receive materials from us about charitable giving and would like us to remove your name from our mailing list; please call (toll-free) **1.855.590.9794** or email us at **donotmail@stlukeshealth.org**.  
Please allow a minimum of four weeks to process your request.



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